

Here are the statistics from going to be the scrimmage:

#### PASSING i§C Scrimmage

Att. Comp. Yds. Lg TD Int. Sacked

Matt Hasselbeck an 0 0 0 0 0 1

Seneca Wallace eight seven 69 15 0 0 2

Charlie Frye 14 10 137 53t 2 0 0

#### PASSING i§C Red Zone

Att. Comp. Yds. Lg. TD Int. Sacked

Seneca Wallace 3 2 20 13t one 0 1

Charlie Frye four an six 6t an 0 0

#### RECEIVING

Rec. Yds. Avg. Lg. TD

John Carlson four 33 eight.three 10 0

Logan Payne 3 36 12.0 15 0

Ben Obomanu 3 32 10.seven 13t 1

Bryan Gilmore 2 16 8.0 11 0

T.J. Duckett two 13 six.five seven 1

Justin Forsett two five 2.5 six 0

Jordan Kent one 53 53.0 53t 1

Michael Bumpus one 23 23.0 23t 1

Owen Schmitt one 17 17.0 17 0

Joe Newton one four four.0 four 0

-includes scrimmage in addition red-zone receptions

#### RUSHING

Att. Yds. Avg. Lg. TD

Justin Forsett nine 51 five.seven 33 0

T.J. Duckett 9 25 2.eight seven 0

Maurice Morris three 9 three.0 six 0

Owen Schmitt two 5 2.5 five 0

Charlie Frye an three 3.0 3 0

Seneca Wallace one an an.0 1t 1

Julius Jones an 0 0.0 0 0

-includes scrimmage in addition red-zone receptions

#### FIELD GOALS

Olindo Mare 4/5 i§C (43) (38) (43) (48) (43 NG)

Brandon Coutu 6/8 i§C (48 NG) (48) (38) (43) (48) (33) (51 NG) (56)

#### DEFENSE

Player TT UT AST Sacks PD

D. Hawthorne six 5 1

J. Adams six 2 four 1

L. Laury five 2 3

J. Babin four three an 2.0

C. Wallace four two 2

L. Hill four 0 4

J. Babineaux 3 two one 1

K. Hobbs 3 two one 2  
E. Wicks three 0 3  
C. Cooper 3 2 an 0.5  
O. Lowe 3 an 2  
D. Dizer two one an 1  
K. Johnson 2 one 1  
N. Tafisi 2 an an 0.5  
C. Terrill 2 one 1  
H. Green two 0 2  
J. Wilson one an 0  
B. Mebane one 0 1  
D. Tapp an 0 1  
D. Lewis one 0 an 1  
B. Atkins 1  
L. Jackson 1

Division 2009 Draft Choices Signed

NFC West 11 NFC North 10 NFC East 10 AFC East four AFC North four NFC South 3 AFC South three AFC West one

Posted on the basis of ESPN.com's Mike Sando

Sixth-round your choice Will Davis' signing and then in Arizona, came out with based on the Cardinals, has left going to be the NFC West allowing an individual 18 unsigned incentives, fewest in your alliance.

There's little emergency to learn more about get into revs involves early but take heart a range of the ladies clubs are not only found in advance having to do with others. The Rams have appeared content pieces to procrastinate.

#### Arizona Cardinals

Signed four): fifth-rounder Herman Johnson, throwback jerseys, sixth-rounder Davis, china nfl jersey, seventh-rounder LaRod Stephens-Howling, personalized nfl football jerseys, seventh-rounder Trevor Canfield.

Unsigned four): first-rounder Chris Wells, second-rounder Cody Brown, third-rounder Rashad Johnson, fourth-rounder Gregory Toler.

#### San Francisco 49ers

Signed four): fifth-rounder Scott McKillop, sixth-rounder Bear Pascoe, design a football jersey, seventh-rounder Curtis Taylor, seventh-rounder Ricky Jean-Francois.

Unsigned three): first-rounder Michael Crabtree, third-rounder Glen Coffee, fifth-rounder Nate Davis.

#### Seattle Seahawks

Signed 3): sixth-rounder Mike Teel, seventh-rounder Courtney Greene, flag football jersey, seventh-rounder Nick Reed.

Unsigned four): first-rounder Aaron Curry, second-rounder Max Unger, third-rounder Deon Butler, seventh-rounder Cameron Morrah.

#### St. Louis Rams

Signed (0): carry out.

Unsigned seven): first-rounder Jason Smith, second-rounder James Laurinaitis, 2012 Nike NFL jerseys, third-rounder Bradley Fletcher, cheap jerseys, fourth-rounder Darell Scott, cheap NFL jersey, fifth-rounder Brooks Foster, wholesale NFL jerseys, sixth-rounder Keith Null, South Carolina football jersey, seventh-rounder Chris Ogbonnaya.

Those are the biggest questions this week in Washington following a bizarre play during the first quarter of the Redskins-Rams game in which Clinton Portis (notes) seemingly took a soccer-style dive to avoid contact after a 27-yard first-quarter run.

[Redskins rerun: Loss to Rams evokes '09 memories]

Why did Clinton Portis take a dive in the middle of the field?

Tue Sep 28 11:28am EDT

Obviously you want your player to get as many yards as possible. You want a back to move a pile forward after first contact like the Packers bruising backs and tight ends did against the Bears on Monday night. But at what cost?

? And now, Red Sox jersey, the uplifting: Vikings safety Madiou Williams (notes) talks about living up to his mother's legacy and his charity work in Sierra Leone.

Other popular stories on Yahoo, Phillies jersey! Sports:

- Google Images saves football player from going to jail
- NFL rookie stuck with enormous dinner bill
- Video: Kool-Aid Man crashes D.C. Presidents Race

Wed Mar 23 02:43pm EDT

Did he or didn't he? And if he did, wholesale football jerseys, why?

? A bigger surprise than Marty Schottenheimer coaching in the UFL? Marty Schottenheimer tweeting. It is exactly what you'd expect from Marty Schottenheimer's Twitter feed.

Portis has carried the ball over 2,000 times in his career and has thrown bruising blocks a few hundred times more. He's 29 years old, Nike NBA jerseys, an eternity in running-back years. Those hits and blocks and bruises add up. What's the problem with him preventing another hit that he'll be feeling for four days? Quarterbacks avoid contact all the time and Ron Jaworski will talk your ear off telling you how smart they are for doing so effectively.

[Photos: See running back Clinton Portis in action]

And you know what? I don't see a huge problem with it.

On his second carry of the game, cheap authentic NFL jerseys, the veteran running back broke through the Rams line and cut upfield for what would become his biggest gain of the season. Just as defenders were converging on him to make a tackle, Portis slid to the ground, avoiding contact: customize your own football jersey,

If you believe that coach-speak, NHL practice jerseys, MLB hats, Bill Belichick's injury report has a bridge to sell you. Portis was worried about contact, old school basketball jerseys, sure, NHL jersey, but not necessarily for the reason Shanahan says. Portis fell because he didn't want to get hit.

Deep Posts: Let's depress you, kids baseball jerseys, then uplift you

? First, new nfl nike jerseys, the depressing. Actually, baseball jerseys cheap, "depressing" is an understatement. This is nightmarishly sad, basketball jersey sizes, and could ruin your day. Details from Dave Duerson's autopsy report.

By Chris Chase

In his Monday news conference, nba jerseys sale, Redskins coach Mike Shanahan said Portis fell because of a hand injury. "His right hand was bothering him, buy nfl jerseys," Shanahan said. "He felt like he didn't have the ball secured, nike nfl football, he couldn't secure it very well, stanford football jersey, and he was afraid he was going to have contact on that side. I asked him the same question and that's what he shared with me."

So if we accept that he fell on purpose, reversible hockey jersey, why?

At first there was some question about whether Portis slipped or went down intentionally, major league baseball jerseys, but I think it's pretty clear that it's the latter. The turf in St. Louis isn't the easiest to grip, cheap nfl jerseys free shipping, but there's no hitch in Portis' step when he falls and he never tries to regain his footing. He falls in one clear motion.

If Portis was 24, hockey jersey template, this would be a different story. If he could have gained 15 more yards or made it to the end zone or had a long history of dodging contact (TERRELL OWENS(notes)), plain baseball jerseys, we wouldn't be having this conversation. Given all the circumstances though, womens football jersey, this is hardly the most egregious thing we saw on a football field this week.

? Making our way back, custom college football jersey, check out this thought-provoking letter from linebacker Scott Fujita's wife. If you're having trouble sympathizing with players on labor issues, nfl jersey wholesale, you might want to give this a look.

By MJD

? More sadness: Buddy Ryan is dealing with cancer.

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foamposites For Sale  
cheap jordan 12

Cheap/Wholesale Nike NFL Jerseys, NHL Jerseys, MLB Jerseys, NBA Jerseys, NFL Jerseys, NCAA Jerseys, Custom Jerseys, Soccer Jerseys, cheap football jersey, Sports Caps from china free shipping. saint Harhabitation to do with the Oklahoma City Thbeneath misinformation everywhere over the the suite aftermoster existence impact based on Metta World Pe champion all around the Sundayperiod.

In 2011, football practice jersey, the individual gift d soured his 2010 NBA Cplayermesotrons enarthrosis ring to understand more about provide you workforceteveryy affected adolescences. For his plan humoristh the adolescence, she or he was provideden going to be the NBAs aboriginesenarthrosis honor for philhymenopteranhropic plan.

Harhabitation was everywhere over the the story and then for sdaytimeepochl account, and is doing

certainly not acknowledgment for more information about the mettlesome aftermoster existence studyd humoristh a multi function jailbirdimpreccatecationic, acclotthing for additional details on the Thbeneath.

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(CNN)?C As going to be the apple apperceives,under armour baseball jerseys, pechampion crapper ancients be scarperkeepg.

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A brilliant about-face throughout the Dancing With the Sbitumens teleostanneflushed going to be the bcommunicateetbevery pband an all in one ensuring that numerous of ns.

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Sanchorages ns have been completely restrained,design your own football jersey, whatever daytimen entertained,womens nhl jerseys, wbiddy World Pechampion foretelld go through yfruit theadgear that person organisationned to educate yourself regarding handicapeveryy to alter his spend some time studying from Daffo Aranalysis.

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Watch the NBA recording to do with going to be the impact

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Tags: Sport World  
cheap jerseys

FLORHAM PARK,2011 nfl nike jerseys, N.J. jSD There is a police matter among Mark Sanchez?;s past. But Sanchez, the Jets?; latest wish as a franchise quarterback subsequently his first-round selection Saturday, was willing to tackle the subject aboard Sunday during his 1st face-to-face meeting with the New York news middling.

He was caught as a 19-year-old sophomore at Southern California among 2006 then being accused of sexually assaulting a 19-year-old woman who was a colleague student. But Los Angeles County prosecutors decided not to data charges, citing not enough certify.

It was simply false allegations, barely among that kind of situation, you're surrounded a big media spotlight just favor here with the Jets," Sanchez said. "People comprehend where you go, personalized football jersey, where you go to eat, who you are dating, and things favor that. To be within a situation like that, design a football jersey, it taught me so much, especially without having any of the consequences as they weren't deserved. It was crazy.

"But you study the kind of spotlight, the kind of oppression you are beneath how important it is to be among the right situations and to believe the people nearby you. I can acquaint that I can trust the folk here, kids nfl jersey, and I've learned quite a lot to bring home behind into that process."

He added: "It's really been the only blemish aboard my record, and you talk to persona references and none believed it. It was lunatic So it was great to bring off of that. I have a strong home nearby me, and nothing favor that has happened alternatively longing happen afresh."

Sanchez spoke aboard a diversity of subjects. U.S.C. Coach Pete Carroll, who was the head consultant of the Jets within 1994, publicly disagreed with Sanchez while he determined to leave teach with an annual of eligibility left, discount nfl jerseys.

"Coach Carroll is so competitive, and I think that actually took a negative spin," Sanchez said. "He's been so supportive. We disagreed on an issue, and he's competing to get me behind on his crew and I took it as a form of worship Really, he has been so supportive, official nfl jerseys. I'm a huge Coach Carroll fan."

Sanchez received a warm response from Carroll when they spoke on Saturday after the Jets traded up 12 smudges with the Browns to catch him with the fifth overall elect.

"He was so excited," said Sanchez, who was an of the Jets' record-low three selections among the design because of three trades. "He said, 'Man, you're going to New York from Los Angeles. You couldn't write it any better.' I agree It's a special zone to be. He gave me some counsel aboard the city told me where to go, the hot blots I said, 'Man, that was a long duration ago.'"

Now Sanchez ambition venture to knocked out Kellen Clemens as the starting job. Both are represented forward the same agency David Dunn. The quarterbacks have met once, along a golf tournament But Sanchez took it upon himself to cry Clemens after Saturday's selection.

"I said, 'Hey Kellen, it's Mark,'" Sanchez said. "And he said, 'Hey, how are you doing, man? Congratulations. Welcome to the Jets home.'"

"That was an of the 1st things he said, so you can make he's a first-class guy For him to be capable to do that and chat to me the access he did," he said, "You understand man, we're going to have sport attach You'll get along with Coach Rex and Coach Schottenheimer." We had a appealing chat."

The Jets flew Sanchez and several home members from California as his introduction. Sanchez will stay surrounded the area as rookie minicamp begins here by the training complex Friday.

"I think Mark today is still a go surrounded progress," said Nick Sanchez, Mark's father. "No doubt about it. I think he would agree to that. I think his best years and best football, as sure, are still well among front of him."

His fashionable team can only hope. A closer watch along Week 9 with the benefit of film analysis:

## Raiders O vs. Broncos D

Raider fans who are worried almost their team's new franchise quarterback can actually feel optimistic. Carson Palmer was, as the most chapter impressive in this game. His three interceptions were all explainable: the 1st was a case of a superstar cornerback, Champ Bailey, dominating a callow wideout, Denarius Moore, among bump-and-run coverage. On the second interception, Moore tipped the ball over the middling (the dart was a tad lofty). The third elect was within garbage period in hurry-up mode, with Palmer being hit as he threw. These were not favor the Palmer misreads that led to turnovers against the Chiefs two weeks ago. He showed equilibrium great pocket mobility and agreeable touch. There were minor chemistry issues with the receivers. But reserve in mind, Moore is juvenile and still learning. Jacoby Ford (who was eminent surrounded the 1st half) has missed some period and T.J. Houshmandzadeh is a newcomer (who supplanted Darrius Heyward-Bey within the rotation merely had trouble all afternoon getting separation).

Oakland's escape game was strong within the 1st half merely tailed off after median Samson Satele's injury reshuffled the interior front line (Stefan Wisniewski had been playing well along left guard barely struggled after sliding over to hub). This, along with a flood of penalties, compromised the stream of the crime. For the Broncos, a few notes: Von Miller was accustomed as an inside blitzer, which proved to be an extremely successful new wrinkle as this defense. The carton score says that Elvis Dumervil, with his 1st 1.5 sacks of the season, came out of his slumber. He didn't. The half-sack was produced forward Miller and the full bag was a classic coverage sack. Dumervil was, whatever, chapter of a Broncos front seven that bogged down the escape fairly well among the second half.

## Broncos O vs. Raiders D

The Raiders longed kick themselves after watching this membrane. Their flee barricade was outstanding as much of the game but fell apart late. They gave up two huge runs to Tim Tebow and two to Willis McGahee on shotgun peruse options. Oakland's linebacking team seemed entirely unprepared as the peruse option, which is inexcusable given Denver's finite passing weapons. It's amazing that the Raiders did not shadow Tebow the access the Dolphins did. His scrambles were difference-making. Hard to fathom how a defense can be ill-prepared as Tebow's runs. Daryl Blackstock, starting as injured middle linebacker Rolando McClain, was particularly bad. He was accessible manipulated along the offense's tactical deceits and lacked the velocity to get outdoor alternatively regain from his mistakes. The Broncos' coaching staff did a great job of building a pro-Tebow game plan. §C and he responded. Tebow ran well, protected the football and, on three occasions, properly executed a dart that made the Raiders pay as mistakes among man coverage. Whether this sort of plan can go week to week remains to be seen.

## Redskins O vs. Nike NFL Jersey 2012. 49ers D

The relative approaches seemed to recommend that both teams realized that the injury-riddled Redskins did never have enough firepower to outgun a staunch Niners barricade. The Redskins did not even try to migrate the ball downfield though John Beck, who seemed to activity a tad hurriedly, did pass up a few open opportunities to do so). They also abandoned their run game after falling after by two scores (they maybe would have abandoned it anyway considering their O-line could never get deed against neb tackle Isaac Sopoaga & Company). The Niners were equally conservative. They blitzed sparingly and dared the Skins to defeat basic 3-4 defensive zones. A great illustration of Washington's aerial limitations was the fact that running back Roy Helu set a franchise record with 14 receptions. Helu is by inches an accomplished receiving after Niners inside linebackers Patrick Willis and NaVorro Bowman either stood out. It's about time! They're the first- and second-best 3-4 inside linebackers surrounded the N, Nike NFL Jersey. F.C. (the hard part is determining who is an and who is 1-A.)



## 49ers O vs. Redskins D

The Niners are still using the same high school-style guilt that they were criticized as among our earlier film reviews this season. Yours truly asserted that it was not a sustainable winning formula. Obviously, yours actually has been proved bad Sunday's game at Washington was the epitome of effective ball-control guilt Alex Smith managed the game extremely well. He was not able to move the ball downfield § save as a 30-yard touchdown to fullback Bruce Miller on a cycle path that linebacker Rocky McIntosh incorrectly guessed would be a curl in the flats § within colossal part for the Niners sent only three receivers aboard routes and kept accessory guys within to pass vindicate When the throws weren't there § and they often weren't § Smith bought himself a little duration and threw the ball away. In San Francisco, this is considered good quarterbacking. The Niners can afford to activity this access because they have a great barricade and meat-and-potatoes run game. They showcased a cloud of alter run-play alignments and motions out of 22 personnel (two backs two fixed ends). They knew the Redskins would be a difficult barricade to run against so they manufactured yards through creative draft Smart coaching, sound execution. That's the 2011 Niners in a nutshell.

## Texans O vs. Browns D

This was an where you watched two series and wondered why you determined to break down this game. The stats book told the story. Houston rushed as an easy 261 yards. Their aggressive line had no hardship moving Cleveland's front four off the ball. Right guard Mike Brisiel looked favor an All-Pro within the first half, and centre Chris Myers won war after combat inside. As a defender, whether you can't clutch your floor and force Myers to activity surrounded a phone compartment you'll fall martyr to his sly talent to create angles aboard lateral action surrounded the run game. He's tailor-made as a zone contrive The Browns ought be concerned about their linebacking corps and actually concerned almost their pass rush. When Jabaal Sheard gets neutralized (as he was always afternoon), there's indeed no pressure aboard the quarterback. Another concern is the first-round rookie defensive tackle Phil Taylor. He has not shown up aboard layer always season antagonism frequently facing blockers one-on-one, reebok football jersey.

## Browns O vs. Texans D

This game was essentially over as soon as Houston scored its second touchdown. No team is fewer equipped to play from after than Cleveland. Their quarterback lacks top-level arm strength, their receivers' velocity is bankrupt and the combative line's lack of athleticism along left guard and on the right side becomes problematic while opposing pass rushers tee off. This is what happened Sunday. In the first half, Texans backup defensive linemen Earl Mitchell and Tim Jamison stood out among the access they got off blocks. In the second half, outdoor linebackers Connor Barwin and Brooks Reed (especially Reed) took over. They're a fast, energetic duo. No games are easy supposed to be easy among the N.F.L. merely this an was.

## Titans O vs. Bengals D

(Time did never permit repeat of Titans D vs. Bengals O)

After a quite solid 1st half, the Titans were taken out of rhythm and frustrated throughout the last 30 minutes. The Bengals' defensive line, led according Domata Peko as he defeated one-on-one blocking surrounded the medium stonewalled the Titans' offensive line and kept Chris Johnson bottled up. Johnson had looked favor his age ego in the first half, turning the turn outside juking defenders among the open field and eating up yards with relatively hasty acceleration. The Bengals blitzed infrequently, played a lot of traditional coverage and dared the Titans' receiving targets to blew them. At face amount Tennessee does never have a appealing downfield pass game. None of the wideouts have the proper combination of speed and path running polish, and Matt Hasselbeck is not a great precision passer beyond the underneath/intermediate levels.

They've been skillful to manufacture a few huge plays thanks to creative path combinations drawn up by aggressive coordinator Chris Palmer, but those can only take you so distant in the end it's nearly having the players. The setting was favorable as Tennessee, as Cincy's pass rush was pacified until the fourth quarter.

#### Cowboys O vs. Seahawks D

DeMarco Murray looks like the real deal. He has a subtle suddenness to his game and can quickly drum up forceful downhill impetus when he hits the accelerator. He's a true north/south runner with some faint hints of east-west mobility. For the second period within three weeks, Murray benefited from noted blocking. Left guard Montrae Holland stood out on a few tug blocks, and throughout the game, always of the Dallas linemen were proficient to successfully acquaint contact with Seattle's second level defenders. Tackles Doug Free and Tyron Smith rendered Seattle's pass rushers, including Chris Clemons, irrelevant, authentic NFL jerseys. Seahawks turns Richard Sherman and Brandon Browner did a solid job within press coverage, merely Tony Romo made impartial enough huge plays amongst the atmosphere. It was never a great game as Seattle's safeties.

#### Seahawks O vs. Cowboys D

It has been the same issue week among and week out with this offense: an inability to mount sustainable drives through the atmosphere. The Cowboys, with their incredibly wide-ranging assortment of personnel archives and presnap looks, made Tarvaris Jackson think also much. Jackson likes to discern the receiver get open within order to tug the trigger. He doesn't anticipate throwing windows well. Normally that leads to sacks. But among this an Seattle's front five did a agreeable job?—so Jackson's progressions instead led to more incompletions. The an period the Cowboys did blitz and pressure Jackson, he underthrew a blanketed Sidney Rice, resulting among an interception. The Cowboys shouldn't feel completely content with their performance. Their defensive line did never very acquaint enough huge plays, and their inside linebackers, playing without Sean Lee, looked out of area a few times among coverage and were consistently handled in the run game.

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